

Continuing Education Courses

California Hypnotherapy Academy

Courses meets the qualifications for 16 hours (per weekend) of continuing education credit for MFCCs and/or LCSWs as required by the California Board of Behavioral Sciences. PCE #4228
Provider approved by the California Board of Registered Nursing, Provider #15240 for 12 Contact Hours (per weekend) Hypnotherapists: 10 CE hours/day unless otherwise stated

Spirituality & Intuition Hypnosis

Pre-requisite: hypnotherapy training

“Prayer is us talking to God; intuition is God talking to us.” ~Caroline Myss.

This is an experiential seminar with lecture, demonstrations and in-class supervised practice.

Day one: through group and one-on-one exercises we will expand our natural intuitive gifts in order to hear Spirit's guidance.

Day two: includes processes to assist you in connecting to your spiritual guidance as well as ways to work at a deeper level with your clients. *Manual included.*

Dates: Jan 28-29, 2012 **Time:** 9:00 am - 6:00 pm

Location: San Diego **Investment:** \$425.00*

Instructors: Katherine Zimmerman

*Register by Jan. 7, 2012 and save \$75

Past Life Regression Therapy

Pre-requisite: hypnotherapy training & age regression

This course covers the philosophy of reincarnation and its application in hypnotherapy. Through this therapy we will explore the soul's current choices and relationships. We will explore past life talents and abilities, couples past life regression and how to conduct group past life workshops. *Manual included.*

Dates: April 14-15, 2012 **Time:** 9:00 am - 6:00 pm

Location: Sacramento **Investment:** \$425.00*

Instructor: Katherine Zimmerman, CCHT, PhD

*Register by March 24, 2012 and save \$75

The Emotional Freedom Techniques for Hypnotherapists

Pre-requisite: hypnotherapy training

Imagine techniques so simple and so effective that you can help your clients remove negative emotional issues and blocks that have interfered with their goals in a whole new way. The Emotional Freedom Techniques™ (EFT) and Be Set Free Fast (BSFF) are quick and powerful and blend extremely well with hypnotherapy. Experience the power and effectiveness of these easy to use tools to create immediate and permanent change. Day 1: Learn the basics in depth; Day 2: Apply EFT to weight, smoking, and stress. *Manual included.*

“Thank you Katherine, I thoroughly enjoyed your [EFT] class. You did a brilliant job of organizing and presenting your material in an easy to understand format that allowed me to experience the benefits of EFT... I will incorporate this powerful technology into my practice and personal life with deep appreciation for your profound contribution to my life skills...”

Jesse Dean, CHT

Dates: TBA **Time:** 9:00 am - 6:00 pm
Location: San Diego **Investment:** \$425.00
Instructor: Katherine Zimmerman, CCHT, PhD

Self-Empowerment

Pre-requisite: hypnotherapy training

Learn one approach to working with addicted clients and some of the proven techniques for these clients. Help your clients release self-limiting fear and regain their personal power. Includes a facilitated breathwork session. *Manual included.*

Dates: TBA **Time:** 9:00 am - 6:00 pm
Location: San Diego **Investment:** \$425.00*
Instructors: Katherine Zimmerman

Hypnosis for Health - TBA

Guest Instructor: TBA

Dates: TBA **Time:** 9:00 am - 6:00 pm
Location: San Diego **Investment:** \$450.00 (\$25 discount if paid 14 days in advance)

Space is limited – register today! 619-710-9583

Dates and prices subject to change

To Register: Complete the state required registration form. (This form is required for all classes except the Self Hypnosis Class) You can download the state required registration form here:

http://www.trancetime.com/class_registration.html

Option 1: Mail check payable to Katherine Zimmerman, 3435 Camino del Rio S., Ste. 206, San Diego, CA 92108 along with the registration form.

Option 2: Call with MasterCard, Visa or Discover information (I no longer accept rewards cards): 619-710-9583 and mail form separately.

Option 3: Register online. http://www.trancetime.com/class_registration.html

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Testimonials from former students:

“I attended the Spiritual Hypnosis weekend ... although I went expecting to learn I wasn’t expecting what happened after that weekend.”

“On the Spiritual Level I began to notice that a lot of my prayers for others began to resolve right before my eyes. On an emotional level I noticed a resolution to one of the worst times in my life. After 20 years three issues that had been tangled together began to unravel making it easier to me to deal with them separately. I finally saw the truth about all three issues and could deal with them and move to a place of peace. Of course, that resolution brought joy to my mental level. I cannot thank Katherine and Gaye enough for such a powerful class.”
Maureen “Martie” Johnson, CCHT, OM

“Your style is unique in that you have a way of ‘becoming one’ with the students you teach. You integrate yourself so well that one feels they are listening and responding to a good friend who knows and understands their problems. You begin helping them overcome obstacles, and reach beyond themselves as soon as you start talking. Your unshakable self confidence envelops the student creating the necessary atmosphere in which to grow and learn. As I observed this remarkable teaching skill,

respect and admiration have only grown since I first sat in your class.

Mary A. Caldwell, CHT

“Becoming a certified clinical hypnotherapist was one of the best decisions I have ever made. Katherine’s teaching style is gentle and yet powerful. My fellow classmates are still friends. It was a wonderful experience for me both personally and professionally.”

Michelle Robison, CCHT

“Katherine is a clear communicator and a wonderful teacher. She brings presence, aliveness, and heart to her work. The material she teaches is transformative. I highly recommend her.”

Stewart Mintzner, CHT

“If you look up the word ‘professionalism’ in the dictionary, you will see Katherine Zimmerman’s picture. Katherine conducts her hypnotherapy training courses with great integrity, passion and commitment. She is as excited to witness the growth in her students’ professional skills and personal development as the students themselves. From the first time I met Katherine, I knew she would be the right teacher from whom to obtain my hypnotherapy certification training. Katherine learned from the best: her teachers comprise a ‘Who’s Who’ of the top names in modern Hypnotherapy. In addition to her wealth of knowledge and first-hand experience gleaned from many years in private practice, Katherine’s genuine warmth and natural wit make her hypnotherapy training a truly entrancing and life-transforming experience.”

Nancy Tracy, CHT

“I had read a couple of Katherine Zimmerman's books and, as a result, was eager to attend her workshop on EFT at the ACHE Conference in Glendale.

“This workshop was well attended and Katherine immediately captivated all attendees with her charm and relaxed presentation. Like her books, Katherine provided and presented excellent information, as well as great tools drawn from her own extensive experience and knowledge. As a Certified Clinical Hypnotherapist I can say that Katherine continues to be a great inspiration and valuable teacher to me and I can highly recommend her to those seeking to enter this field or for continuing education.”

Sallie Albertina, CHT