

TranceTime News : Miracles abound

In this issue:

1. Quote
2. Case History
3. Hypnotherapy Certification Training: Catalog available online:
<http://www.trancetime.com/HolisticHypnotherapy/index.htm>
4. Weight Program
5. Class schedule - Amazing hypnosis class!!
6. Hypnotherapy conferences

1. Faith

When you have come to the edge
of all the light you know,
And are about to step off
into the darkness of the unknown,
Faith is knowing one of two
things will happen:
There will be something solid to stand on or
You will be taught how to fly.

Edward Teller

2. Miracles abound

It was my privilege recently to help my brother with his health challenge. He was diagnosed with Stage IV melanoma. Tests indicated that one tumor was the size of a softball and the prognosis was grim. Only 15% of the patients using this protocol respond with 7 ½% going into remission. I knew that he would need a miracle.

I offered to record a personal CD to help him to use his mind to assist in making the medical treatment more effective and to reduce or eliminate the side effects of the treatment. Although the first treatment made him quite ill (he only listened to the CD a few times) I am happy to report that with more consistent use of the recording, he had virtually no side effects from the second treatment. Combined with the medical approach and using hypnosis, Larry has been receiving ongoing prayer support. I can't think of a more powerful combination.

Larry's wife reports, "We had fabulous news last Friday after Larry had the CT scan and we went to USC for his check up and blood test. The blood tests showed a drop of the LDH level from 380 to 143! His CT scan indicated that the main tumor has shrunk by at least 33%, the other two shrunk as well. The shrinkage may actually be a higher percentage since the first CT scan was done 2 weeks before he entered the hospital and his LDH had almost doubled (from 2,000 to 3,800) in the one week before he went in for treatment. So the tumors were probably even larger then. We are so thrilled and encouraged. He is responding positively to the treatments and each session seems to be getting less distressing with regard to the side effects."

I will be teaching a workshop on *Healing Inside and Out*, based on my own experiences with healing from surgery and cancer, at the ACHE conference, April 27 thru 30, 2006. Join me! Details of the conference are available at <http://hypnotistexaminers.org/conference.html>

3. Professional Hypnotherapy Certification

About 1/3 of the students take hypnotherapy training for personal growth. Whether you want personal or professional growth, this course is for you! Classes start again Sept. 16-17, 2006. Visit the website for an updated catalog: <http://www.trancetime.com/HolisticHypnotherapy/index.htm>

Already practicing hypnotherapy? Need CEUs? Check out the weekend trainings below.

4. Weight Program

New! Hypnosis for Weight Control

I am pleased to offer an 8 session weight control program combining hypnosis, NLP and EFT! This powerful program provides detailed information and scripts to assist you in working with clients. Based on ideas from Dr. Phil's *The Ultimate Weight Solution*, this program is designed to address those with serious weight issues and can also be used for clients wishing to lose 10-20 pounds. The program can easily be adapted for groups.

I have used these approaches with my clients for years and finally have pulled everything together in an easy to follow format for the hypnotherapy community. Handouts are provided on a Data CD. *Introductory price: \$49.95*

5. Class Schedule

Pre-registration required; cancellation policy below

Beginning Astrology

Are you fascinated by astrology? Would you like to learn more? Astrology is a tool that leads to greater self-understanding. As we understand ourselves more fully we expand that understanding to those around us. We can apply this understanding to our own lives and to the lives of our loved ones and our clients, creating a deeper rapport. This is an excellent tool for those in a people-helping profession: hypnotherapists, counselors, nurses, etc.

Learn from astrologers who have been studying and applying their knowledge professionally for over 30 years: Martha Armstrong and Marilyn Witter. Katherine Zimmerman will help you to apply these tools with your hypnotherapy clients.

Your full birth information will be needed when you register! DOB, place and exact time.

Date: 8 Tuesdays, Apr. 18 thru June 6, 2006

Location: 2110 K St., Ste. 18, Sacramento

Time: Noon - 2:00 pm

Cost: \$160

To Register: Call with credit card info or mail a check to Katherine Zimmerman, 2110 K Street, Ste. 18, Sacramento, CA 95816

Amazing Hypnosis Class!!

The Hypnosis Company's Justin James & TranceTime's very own Katherine Zimmerman present an accelerated Hypnosis training weekend that can't be missed!

Learn from the masters! These are two of America's top Hypnotists, teaching you everything you need to know!

Learn the hidden history of Hypnosis
Learn the amazing secrets of self hypnosis
Learn how to hypnotize for self improvement
Learn how to hypnotize children
Learn how to hypnotize for weight loss or smoking cessation!
Find out the secrets of today's most successful Hypnotherapists!

THIS COURSE IS FOR YOU!

Whether you have always wanted to learn Hypnosis, or are a practitioner looking to gain new techniques, this course is for you!

Perhaps you have taken weekend courses before only to walk away confused and frustrated. We understand and we have been there ourselves. That is why we designed this course for you!

This course will give you the actual methodologies used by today's top professionals in a practical and useable format! At the end of this weekend you will come away with not only the ability to better hypnotize yourself and others, you will gain a profound understanding of advanced communication skills that only master communicators have the ability to teach, you will learn covert ways to influence your family and friends to make positive changes, and the tools to make massive improvements in your own life! Call Now! 916-373-1932

Date: Fri thru Sun., June 9-11, 2006 **Time:** Friday, 6 to 9 pm; Sat & Sun., 9 am to 5 pm
Location: 2110 K St., Ste. 18 **Cost:** \$195.00 (\$250 if registered after 5.25.06)

Self Hypnosis Training

Date: Thursdays, April 13 & 20, 2006 **Time:** 6:30 pm to 9:00 pm
Location: 2110 K St., Ste. 18 **Cost:** \$85.00

Space at this event is limited. Call today to register! 373.1932

Imagine a technique so simple and so effective that you can achieve your goals. Practice self hypnosis for only 15 minutes a day and change your life. Learn about the power of your subconscious mind and effectiveness of this easy-to-use tool to create permanent change. Self hypnosis helps you to overcome insomnia, raise your grades, release stress, improve self-esteem, reduce weight, improve athletic performance and

much more. Join us and learn to relax and reprogram your subconscious mind.

Developing Intuition

Dates: May 13 & 14, 2006

Time: Sat & Sun, 10 am to 5 pm

Cost: \$250.00 (\$200 if registered by May 5, 2006)

Location: 2110 K Street, Ste. 18, Sacramento

To register: Call Maureen "Martie" Johnson, 530.644.6424, mail check to 6073 Speckled Rd., Pollock Pines, CA 95726

Would you like to learn to listen to all of YOU? What is that little voice you keep hearing and where does it come from? Would you like to learn how to take action and use your intuition constructively? This class guides you to another level of uncovering your authentic self. Join us for an interactive, fun and informative class and develop your intuition in a supportive environment.

Kind comments:

"I liked the way you know this information."

"I liked the informal atmosphere where we all felt safe and secure."

"I liked the small class size and loved everything we did."

"I got to know myself better..."

Advanced Intuition – June 24-25, 2006, Sacramento

Check the May newsletter for details or call Martie Johnson: 530-644-6424.

Professionals, need CEUs? Save these dates!

The Emotional Freedom Techniques (EFT) 20 CEUs for hypnotherapists

EFT is quick and powerful. Experience the power and effectiveness of these easy-to-use tools to create immediate and permanent changes. Your emotional health determines the quality of your life; it is the foundation of self-confidence and the springboard to achievement. Seize that freedom for yourself and your clients with EFT. Day 1: Learn the basics in depth; Day 2: Apply EFT to weight, smoking, and stress. Includes manual.

"Since learning EFT with Katherine, I have been using this technique with almost every client that walks through my door. I find EFT to be an invaluable tool - at times, the results are like magic. Everybody should know and use EFT - and nobody teaches it better than Katherine." Susan Bishop, RN, CHT

Date: Sat-Sun.; May 6-7, 2006

Time: 9:00 am - 6:00 pm

Location: Midtown Sacramento*

Cost: \$375.00

To register: Call Janet Macy, CalPHI Director: 949-460-0780

Advertisement of a satellite shall indicate that the satellite is an auxiliary classroom or teaching site

In-depth training in Subpersonalities 20 CEUs for hypnotherapists

As much as we'd like to believe that we are a "whole" person, we are made up of many subpersonalities or "parts." These parts develop at various stages in our life when we need a different coping mechanism. We learn to adapt to difficult situations in our lives by allowing a "part" to take over that particular area of life. This approach is the cornerstone of my practice. Join us for an in-depth look at helping clients heal through subpersonality work. Manual included.

Date: Sat & Sun. May 20-21, 2006

Time: 9:00 am - 6:00 pm

Cost: \$375.00 (ask about the scholarship available to cover the \$100 registration fee)

Location: 2110 K Street, Ste. 18, Sacramento

Questions? Call the Instructor: Katherine Zimmerman: 916-373-1932

To register: Call Janet Macy, CalPHI Director: 949.460.0780

Advertisement of a satellite shall indicate that the satellite is an auxiliary classroom or teaching site

* * *

Cancellations received more than 7 days prior to the start of class: refund of registration less 15%; cancellations less than 7 days prior, no refund but you may apply that amount to another class if taken within 6 months.

6. Upcoming hypnotherapy conferences

I will be presenting at the following conferences:

Healing Inside and Out (3 hour workshop) and Create an Effective Brochure (1 hour talk) 21st Annual conference of the American Council of Hypnotist Examiners, April 27-30, 2006, Glendale, CA Call 818-242-1159 for details or visit:

<http://hypnotistexaminers.org/conference.html>

Create Multiple Streams of Income (3 hour workshop) and Heal the Healer (1 hour talk) IMDHA 20th Annual Convention: Oct. 26-31, 2006, Troy, MI Details:

<http://www.imdha.com/conference.htm>

Upcoming classes:

Advanced Intuition, June 24-25, 2006; Instructor: Maureen "Martie" Johnson, Spiritual Intuitive, Hypnotherapist, Quantum Touch® Instructor. Call for details: 530.644.6424

Quantum Touch®, \$295.00; July 2006 – dates TBA; Instructor: Maureen "Martie" Johnson, Spiritual Intuitive, Hypnotherapist, Quantum Touch® Instructor. Call for details: 530.644.6424

Looking for an affordable way to promote your practice/business online? Check out www.byregion.net Referral ID: 010106785

Instructor: Katherine Zimmerman, a certified clinical hypnotherapist, EFT-CC and Reiki Master in practice since 1989. Katherine is a published author, an instructor for the California Professional Hypnosis Institute in Sacramento and a former guest

lecturer for the UC Davis Medical Center.

Please feel free to forward this newsletter in its entirety.

To Subscribe: send an email to
info@trancetime.com with the word Subscribe in the subject line.

To Unsubscribe: send an email to info@trancetime.com with the word Unsubscribe in
the subject line.

Copyright April 2006 Katherine Zimmerman

All right reserved

Certified Clinical Hypnotherapist, Hypnotherapy Instructor,

Reiki Master, EFT -CC

2110 K Street, Ste. 18, Sacramento, CA 95816

(916) 373.1932

Email: TranceTime@charter.net Web site: www.TranceTime.com